

# 2021 · WHAT ISSUES SHOULD I CONSIDER WHEN REVIEWING MY HEALTH AND LIFE INSURANCE POLICIES?

**NO B.S. ADVISING**

Finance. Career. Business.

HEALTH INSURANCE ISSUES	YES	NO
<p><b>Are you married, and do you each have employer-sponsored health insurance?</b> If so, consider reviewing both health insurance options to see which is best for you. Review monthly premiums, deductibles, co-pays, out of pocket expenses, any employer HSA matching, and the doctors in the network.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Are you paying for health insurance coverage on your own (such as the Health Insurance Marketplace)?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>■ Your coverage may automatically renew, but shop other plans before you let it auto-renew by looking at the total cost (monthly premium, deductibles, co-pays, out of pocket expenses, and the doctors in the network).</li> <li>■ If your income or family size has changed, your eligibility for subsidies may change.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Are you are on Medicare?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>■ If moving to a new state, review what Medicare Supplement and Advantage plans are offered in your new location.</li> <li>■ If you have lost creditable drug coverage from an employer plan, enroll in Medicare Part D within 63 days to avoid lifetime penalties.</li> <li>■ Review your drug needs as Part D and Medicare Advantage plans will change their drug coverage year to year.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>

LIFE INSURANCE ISSUES	YES	NO
<p><b>Have your life insurance needs changed?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>■ The need to fund future expenses (such as raising children or funding college) or to fund future goals.</li> <li>■ The ability to pay off new debts (like a mortgage).</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Has there been a change to your life insurance coverage (including employer benefits)?</b> If so, consider how this would impact your financial situation.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you own any permanent life insurance?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>■ If you haven't reviewed the policy in a few years, request an in-force illustration to review policy performance.</li> <li>■ Review the current premium, how dividends are being used, and how the cash value is accumulating.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you own any term insurance?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>■ Review the number of years left on the policy and if a new policy will be needed.</li> <li>■ Review the conversion terms and options.</li> <li>■ If you own annually renewable term insurance, review the policy premium and if new policies may be more cost-effective.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do the owners and beneficiaries of your policies need to be reviewed?</b> If so, consider whether an ILIT is appropriate, and ensure that primary and contingent beneficiaries are properly designated.</p>	<input type="checkbox"/>	<input type="checkbox"/>

# 2021 · WHAT ISSUES SHOULD I CONSIDER WHEN REVIEWING MY HEALTH AND LIFE INSURANCE POLICIES?

**NO B.S. ADVISING**

Finance. Career. Business.

DISABILITY INSURANCE ISSUES	YES	NO
<p><b>Has there been a change in employer coverage?</b> If so, consider how this would impact your financial situation if you were to become disabled.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>If your employer provides disability insurance, do you need to review the coverage to determine if it is adequate?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>■ If you become disabled, you may be eligible for Social Security Disability in addition to employer-provided coverage. Be mindful of any Social Security offset provisions.</li> <li>■ If there is a gap between what you may receive and your income needs during a disability, you may be able to purchase additional disability insurance.</li> <li>■ If there is a job change in the future, consider purchasing private disability insurance that is not tied to an employer.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you need to understand any of the details of how your disability insurance works (such as waiting periods, definitions of disability, coverage amounts)?</b> If so, check your disability policy.</p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Do you need to review your total disability income sources (including Social Security, employer disability policies, and individual policies)?</b> If so, review the policies to see if you are under or over-insured.</p>	<input type="checkbox"/>	<input type="checkbox"/>

LONG-TERM CARE INSURANCE ISSUES	YES	NO
<p><b>Do you need to review the policy to ensure that it still meets your needs?</b> If so, consider the following:</p> <ul style="list-style-type: none"> <li>■ Review the services offered, such as home-care, assisted living, and nursing home care.</li> <li>■ Review the benefit amount (fixed or inflation-adjusted) and benefit period.</li> <li>■ Review specific features (elimination period, discounts, waiver of premiums, inflation rider, etc.).</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Have you received any notices of a premium increase?</b> If so, review the new options provided, taking into account changes in benefit amounts, COLA, premium, and elimination periods. Also, consider the insurer's history of rate increases.</p>	<input type="checkbox"/>	<input type="checkbox"/>

OTHER INSURANCE ISSUES	YES	NO
<p><b>Do you need to review your insurance company?</b> If so, check to see if there are any bundling discounts and if there have been any changes to their financial strength rating.</p>	<input type="checkbox"/>	<input type="checkbox"/>

No B.S. Advising, LLC is an Investment Advisor registered with the State of Minnesota. All views, expressions, and opinions included in this communication are subject to change. This communication is not intended as an offer or solicitation to buy, hold or sell any financial instrument or investment advisory services. Any information provided has been obtained from sources considered reliable, but we do not guarantee the accuracy, or completeness of, any description of securities, markets or developments mentioned. We may, from time to time, have a position in the securities mentioned and may execute transactions that may not be consistent with this communication's conclusions. Please contact us at (612) 590-5423 if there is any change in your financial situation, needs, goals or objectives, or if you wish to initiate any restrictions on the management of the account or modify existing restrictions. Additionally, we recommend you compare any account reports from NBSA with the account statements from your Custodian. Please notify us if you do not receive statements from your Custodian on at least a quarterly basis. Our current disclosure brochure, Form ADV Part 2, is available for your review upon request, and on our website, [www.nobsadvising.com](http://www.nobsadvising.com). This disclosure brochure, or a summary of material changes made, is also provided to our clients on an annual basis.

**Samir Bushra, Founder / Advisor**

[samir@nobsadvising.com](mailto:samir@nobsadvising.com) | 6125905423 | <https://www.nobsadvising.com>